

Information For the User

Allylestrenol (5mg))

# Allystyle 5 Tablet

## Allylestrenol (5 mg) Tablet: Product Information

**Brand Name:** Allylestrenol

**Generic Name:** Allylestrenol

**Strength:** 5 mg

**Dosage Form:** Oral Tablet

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**Indications:** Allylestrenol 5 mg tablets are indicated for use in:

- **Prevention of recurrent miscarriages and threatened abortion** in early pregnancy due to progesterone deficiency.
- **Support of high-risk pregnancies** by stabilizing the uterine environment.
- **Prevention of premature labor** in women with a history of preterm deliveries.

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**Mechanism of Action:** Allylestrenol is a **progestational hormone** that works by:

- **Mimicking the action of progesterone**, a natural hormone essential for maintaining pregnancy.
- **Supporting the uterine lining** (endometrium) and helping in the proper implantation of the embryo, which is crucial for sustaining a healthy pregnancy.
- **Preventing uterine contractions** that could lead to miscarriage or premature labor by stabilizing the uterine environment.

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## Dosage and Administration:

- **Usual adult dose:** 5 mg, taken **2–3 times daily** as prescribed by the healthcare provider.
- The dose and duration depend on the specific medical condition, pregnancy status, and doctor's assessment.

## Administration Instructions:

- Take Allylestrenol tablets at the same time each day, with or without food, as prescribed by your healthcare provider.
- Do not discontinue the medication suddenly; follow your healthcare provider's guidance on tapering or discontinuing treatment.

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**Contraindications:** Allylestrenol 5 mg tablets are contraindicated in patients who:

- Have a known **allergy or hypersensitivity** to Allylestrenol or any other ingredients in the tablet.
- Have a history of **liver disease** or **undiagnosed vaginal bleeding**.
- Have **hormone-dependent cancers**, such as breast or endometrial cancer.
- Are not currently pregnant, as Allylestrenol is typically prescribed only during pregnancy.

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## Warnings and Precautions:

- **Liver Function:** Use with caution in patients with liver impairment; regular liver function tests may be required.
- **Blood Pressure Monitoring:** Allylestrenol may affect blood pressure, so regular monitoring is advised in patients with hypertension.
- **Thromboembolic Risk:** Progestogens can increase the risk of blood clots; use cautiously in patients with a history of thrombosis or clotting disorders.
- **Avoid abrupt discontinuation:** Stopping the medication suddenly may lead to pregnancy complications. Consult with your healthcare provider before making any changes to the dosing schedule.

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**Side Effects:** Common side effects of Allylestrenol 5 mg tablets may include:

- **Nausea or vomiting**
- **Dizziness or headache**
- **Breast tenderness or discomfort**
- **Bloating or weight gain**

Serious side effects (though rare) may include:

- **Signs of liver issues:** Such as yellowing of the skin or eyes (jaundice) or dark urine.
- **Thromboembolic events:** Such as deep vein thrombosis (DVT) or pulmonary embolism, which may present as pain, swelling, or shortness of breath.
- **Severe allergic reactions:** Such as skin rash, itching, swelling, or difficulty breathing.

If any serious side effects occur, discontinue the medication and seek immediate medical attention.

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**Drug Interactions:** Allylestrenol 5 mg may interact with the following:

- **Anticonvulsants:** Such as phenytoin or carbamazepine, as they may reduce the effectiveness of Allylestrenol.
- **Antifungal medications** (e.g., ketoconazole) and **antibiotics** (e.g., rifampicin): These may alter hormone levels.
- **Anticoagulants:** Allylestrenol may increase the risk of bleeding when taken with blood thinners (e.g., warfarin).

Always inform your healthcare provider about any medications, including over-the-counter drugs and supplements, you are taking.

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**Storage:** Store Allylestrenol 5 mg tablets at **room temperature** (15°C to 30°C / 59°F to 86°F), away from direct sunlight and moisture. Keep out of reach of children.

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### Patient Counseling Information:

- **Take as prescribed**, without missing doses, to ensure consistent hormone support.
  - **Do not discontinue suddenly:** Stopping the medication abruptly may increase the risk of pregnancy complications.
  - **Report any unusual symptoms:** Contact your doctor if you notice symptoms such as unexplained leg pain, shortness of breath, or jaundice.
  - **Avoid smoking and alcohol consumption** while taking Allylestrenol, as these can increase health risks during pregnancy.
  - Regular **follow-up visits** are recommended to monitor your pregnancy's progress and check for any side effects.
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This overview provides general information about **Allylestrenol 5 mg tablets**. Always follow your healthcare provider's instructions and consult them for any specific questions or concerns related to this medication.

Manufactured in India for:

  
**Cafoli**<sup>TM</sup>  
L I F E C A R E  
**Cafoli Lifecare Pvt. Ltd.**  
**(An ISO 9001: 2015 Certified Co.)**  
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